



THE HERBIVORE AND PISCIVORE

BITINGS

Courgette Pizza Stuffed Button Mushroom

SOUP OF THE DAY

Courgette Pizza Stuffed Button Mushroom

MINI FULLY LOADED FALAFEL BURGER

Falafel patty, lettuce, cucumber, onions, tomatoes, tahini sauce

VEGETABLE SAMPLER

Chickpeas & spinach, peanut curry, vegetarian sausage stir fry, sweet chilli vegetables, chapati and rice or chips

PUTTANESCA PASTA

Delicious combination of tomatoes, Garlic, Olives and capers, Tagliatelle pasta and sour cream

OR

RED BEAN WRAP

Refried red beans wrapped in a tortilla, served with guacamole, sour cream and tomato salsa

OR

VEGETABLE SWAHILI

Seasonal vegetables in a tangy tomato, garlic, chilli and ginger sauce, steamed rice and chapati or chips

DESSERT OF THE DAY